

Zuppe - Soups

	Cup	Bowl
Minestrone	2.25	3.95
Pasta Fagioli.	2.25	3.95

Insalate - Salads

Antipasto Salad **For one 8.95 For two 12.40**
Mixed greens, vine ripe tomatoes, mushrooms, red onions, olives, pepperoncini, roasted red peppers, imported ham, salami, artichoke hearts and provolone

House Salad **5.40**
Mixed greens, vine ripe tomatoes, olives, cucumbers, red onions, pepperoncini, mozzarella cheese, roasted red peppers and garlic croutons - Served with our homemade vinaigrette
with grilled shrimp add ...4.95 with grilled chicken add...2.75

Insalate Capri **10.20**
Mixed greens, red onions, olives, vine ripe tomatoes, garlic croutons, walnuts, and gorgonzola cheese
Served over homemade pizza bread with Vita's famous raspberry dressing
with grilled shrimp add ...4.95 with grilled chicken add...2.75

Caesar Salad **7.40**
with grilled shrimp add ...4.95 with grilled chicken add ...2.75

California Chicken Salad **10.20**
Mixed greens, roasted peppers, red onions, chopped tomatoes, cucumbers, bacon, mozzarella cheese and crispy or grilled chicken breast - Served in a whole wheat or regular pizza bread bowl with Vita's famous house dressing

Gorgonzola Salad **10.20**
Mixed greens, gorgonzola cheese, vine ripe tomatoes, red onions, fresh mushrooms, pepperoncini, roasted peppers, pineapple and chopped walnuts - Served over homemade pizza bread with Vita's famous house dressing
with grilled shrimp add ...4.95 with grilled chicken add...2.75

Antipasta - Appetizers

Mussels Marinara **8.30**
Mussels sauteed in homemade marinara sauce

Calamari Fritti **8.30**
Tender squid lightly floured and fried - Served with a side of tomato sauce

Fried Mozzarella Sticks **6.60**
Served with a side of tomato sauce

Clams or Mussels Oreganata **1/2 doz. 7.30...1 doz. 13.60**
Stuffed with seasoned breadcrumbs and baked to perfection

Fried Eggplant Sticks **6.60**
Crispy strips of eggplant, fried - Served with grated cheese and a side of tomato sauce

Fried Mozzarella & Fried Eggplant Sticks Combo **7.85**
Served with a side of tomato sauce

Portabella Ala Caprese **7.85**
Marinated portabella mushrooms grilled, on top of fresh mozzarella cheese and vine ripe tomatoes
Served with a basil and balsamic vinaigrette

Broccoli Rabe & Sausage **8.30**
Broccoli rabe and Italian sausage sauteed with olive oil and fresh garlic in a white wine sauce

Fresh Mozzarella Caprese **7.30**
Fresh mozzarella cheese on top of vine ripe tomatoes with sliced onions, roasted red peppers and olives
Served with a basil and balsamic vinaigrette

Bruschetta Ala Vita **6.60**
Chopped vine ripe tomatoes, garlic, red onions, basil and parmesan cheese in our homemade balsamic vinaigrette
Served with toasted Italian bread

Mama's Stuffed Peppers **7.30**
Jumbo bell peppers stuffed with ground beef, peas, mushrooms and rice - Topped with marinara sauce and melted mozzarella cheese...Just like Mama makes!

Buffalo Chicken Tenders **6.60**
Served with a side of bleu cheese dressing, your choice: buffalo, BBQ, honey garlic, or raspberry hot

Pepperoni Bread **6.95**
Sliced garlic Italian bread with Italian pepperoni and mozzarella cheese melted on top - Served with tomato sauce

Pasta Al Forno - Baked Pastas

Homemade Lasagna	11.10
Manicotti	10.85
Stuffed Shells	10.85
Baked Penne Pasta (Ziti)	10.85
Pasta Combo (cheese ravioli, manicotti, & penne pasta)	14.30
Baked Cheese Ravioli	11.30
Baked Penne Siciliana (with ricotta cheese & sliced eggplant)	12.30
Baked Penne Romano (with ricotta cheese)	11.95

*All of the above served with soup or salad and homemade garlic rolls

Traditional Pastas

Spaghetti, Penne Pasta, Linguine, Angel Hair or Whole Wheat Pasta Choice of: tomato sauce, marinara sauce or garlic and oil	10.45
Spaghetti, Penne Pasta, Linguine, Angel Hair or Whole Wheat Pasta Choice of: meatballs, sausage, meat sauce, mushroom sauce or bolognese	12.45
Linguine con Clam Sauce Baby clams and whole clams sauteed with fresh garlic - Served with marinara sauce or white wine sauce	14.45
Fettucini, Gnocchi or Tortellini Alfredo With grilled shrimp add ...5.70 with grilled chicken add ...3.50	13.75
Fettucini, Gnocchi or Tortellini Bolognese Sauteed with meat sauce, fresh mushrooms and peas	13.75
Penne Primavera Zucchini, squash, carrot, mushroom, and tomato in a white wine and garlic sauce with grilled shrimp add ...5.70 with grilled chicken add ...3.50	13.95
Penne con Broccoli Sauteed with broccoli and fresh garlic in a white wine sauce with grilled shrimp add ...5.70 with grilled chicken add ...3.50	11.45

*All of the above served with soup or salad and homemade garlic rolls

House Specialties

Sausage & Peppers Italian sausage sauteed with onions, fresh garlic, bell pepper and garlic tomato sauce - Served over pasta	12.95
Penne Ala Vodka Sauteed with garlic, onions, peas and bacon in a tomato-basil cream sauce with vodka	13.95
Gnocchi Romana Sauteed with onions, garlic, peas and fresh mushrooms in a tomato-basil cream sauce	13.95
Ravioli Verde Jumbo ravioli served over a bed of sauteed spinach and topped with a garlic alfredo sauce	13.95
Eggplant Parmigiana Lightly battered and layered with mozzarella cheese and tomato sauce - Baked to perfection - Served with a side of pasta	12.95
Eggplant Rollatini Eggplant stuffed with mozzarella cheese and ricotta cheese - Baked with tomato sauce and mozzarella cheese Served with a side of pasta	13.95
Stuffed Porkchop A 14oz. porkchop (on the bone) stuffed with ham and mozzarella cheese topped with a mushroom and marsala wine sauce - Served with steamed vegetables and a side of pasta	16.95

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Combo Specials

Chicken and Penne Pasta A classic combination of chicken parmigiana and baked penne pasta	14.95
Tour of Italy Eggplant parmigiana, veal parmigiana, penne pasta and meatballs with melted mozzarella cheese	14.95
Vita Combo Lasagna, veal parmigiana and chicken parmigiana	14.95
Classico Combo Baked penne pasta, sausage and peppers and meatballs with melted mozzarella cheese	14.95
Three Musketeers An unbelievable combination of veal parmigiana, chicken parmigiana and shrimp parmigiana Served with a side of pasta	14.95
Sicilian Combo Veal, chicken and eggplant parmigiana - All in one great dish! Served with a side of pasta	14.95

*All of the above served with soup or salad and homemade garlic rolls

*Substitute vegetables for pasta on any dish...add \$1.50

Pollo - Chicken

Chicken Parmigiana Lightly breaded, baked with tomato sauce and melted mozzarella cheese	14.95
Chicken Francese Chicken breast egg battered and sauteed in a lemon, white wine and butter sauce	14.95
Chicken Marsala Chicken breast sauteed with fresh mushrooms in a marsala wine sauce	14.95
Chicken Siciliana A combination of chicken parmigiana layered with eggplant parmigiana	15.95
Chicken Josephine Chicken breast sauteed with fresh mushrooms, onions, garlic, vine-ripe tomatoes and fresh basil in marinara sauce	15.95
Chicken Cacciatore Chicken breast sauteed with mushrooms, olives, roasted peppers, onions and garlic in a marinara sauce	15.95
Chicken Giuseppe Chicken breast sauteed with artichokes, mushrooms and vine-ripe tomatoes in a pink sauce - Served over linguine	15.95
Chicken Pistone Chicken breast sauteed with roasted peppers, spinach and garlic in a white wine sauce - Served over linguine with melted mozzarella cheese	15.95
South Beach Chicken Grilled chicken breast simmered with onions, mushrooms and fresh basil in a balsamic vinegar sauce Served over whole wheat pasta	14.95
Chicken Ala Vita Lightly floured chicken breast with artichoke heart, scallions, mushrooms, tomatoes and pecorino romano cheese Served with a creamy garlic and wine sauce on a bed of pasta	15.95

***All of the above served with a side of pasta, soup or salad and homemade garlic rolls**

Frutte di Mare - Seafood

Linguine Pescatore Calamari, shrimp, clams and mussels simmered with vine-ripe tomatoes and mushrooms in a scampi sauce	15.95
Shrimp Marinara or Fra Diavolo Jumbo shrimp sauteed with fresh basil and fresh garlic in a marinara sauce or a spicy Fra Diavolo sauce	16.95
Shrimp Scampi Jumbo shrimp sauteed in a light garlic, lemon, white wine and butter sauce	16.95
Shrimp Francese Jumbo shrimp egg battered and sauteed in a lemon, white wine and butter sauce	16.95
Shrimp Parmigiana Jumbo shrimp breaded, baked with tomato sauce and mozzarella cheese	16.95
Red Snapper Oreganata Baked with seasoned breadcrumbs - served with a side of pasta and broccoli	17.95
Red Snapper Francese Egg battered and sauteed in a lemon, white wine and butter sauce	17.95
Red Snapper Ala Vita Sauteed with fresh garlic, mushrooms and vine tomatoes in a lemon, wine and butter sauce	17.95
Calamari Marinara or Fra Diavolo Tender squid sauteed in a fresh garlic marinara sauce or a spicy Fra Diavolo sauce	16.95
Seafood Platter Tender calamari, shrimp, baby clams, whole clams and mussels sauteed in a pink sauce	15.95
Calamari E Scungilli Marinara or Fra Diavolo Tender squid and conch sauteed with fresh garlic in a marinara sauce or a spicy Fra Diavolo sauce	16.95
Clams or Mussels Marinara or Fra Diavolo Sauteed in garlic in a marinara sauce or a spicy Fra Diavolo sauce	15.95
Festival Di Mari Sauteed calamari, mussels, fresh clams, shrimp and scungilli with garlic in a marinara sauce or a spicy Fra Diavolo sauce	For one 28.95 For two 48.95

***All of the above served with a side of pasta, soup or salad and homemade garlic rolls**

Vitello - Veal

Veal Parmigiana Lightly breaded, baked with tomato sauce and melted mozzarella cheese	16.95
Veal Francese Medallions of tender veal, egg battered and sauteed in a lemon, white wine and butter sauce	16.95
Veal Marsala Medallions of tender veal sauteed with fresh mushrooms in a marsala wine sauce	16.95
Veal Siciliana A combination of veal parmigiana layered with eggplant parmigiana	16.95
Veal Pizzaiola Medallions of tender veal sauteed with fresh mushrooms, onions, garlic and fresh basil in a marinara sauce	16.95

***All of the above served with a side of pasta, soup or salad and homemade garlic rolls**
***Substitute vegetables for pasta on any dish...add \$1.50**

Pizza

(Regular or Whole Wheat)

	Small 10"	Medium 14"	Large 16"	Sicilian "Thick Crust"	Extra Large 18"
Pizza with Mozzarella	9.00	11.15	12.75	13.50	13.95
Deluxe - any 5 toppings -	13.95	18.00	19.50	21.50	20.95
Add Chicken or Eggplant	1.25	2.75	3.50	3.50	4.25
Each Additional Topping	1.00	1.75	2.00	2.50	2.50

Sausage • Mushrooms • Pepperoni • Green Peppers • Onions • Black Olives • Bacon
Anchovies • Extra Cheese • Meatballs • Fresh Garlic • Ham • Fresh Tomato
Pineapple • Broccoli • Spinach • Eggplant

Gourmet Pizza

(Regular or Whole Wheat)

	Small 10"	Medium 14"	Large 16"	Sicilian "Thick Crust"	Extra Large 18"
Pizza Vegetarian	11.95	16.50	17.75	18.75	18.95
With tomato sauce, fresh garlic, black olives, green peppers, mushrooms, fresh tomatoes, onions, spinach and mozzarella cheese					
Pizza Hawaiian	11.45	15.75	17.45	18.25	18.45
With pineapple, ham and mozzarella cheese (white with ricotta cheese / red with tomato sauce)					
Pizza Spinach & Ricotta	11.45	15.75	17.45	18.25	18.45
With mozzarella cheese (no tomato sauce)					
Pizza Bianco	10.45	14.45	15.45	16.45	17.45
With ricotta, romano and mozzarella cheese (no tomato sauce)					
Pizza Antico	11.45	15.00	16.25	17.45	18.25
Fresh tomato, basil, garlic and olive oil with ricotta and mozzarella cheese					
Mama's Original Pizza	11.45	15.25	16.25	17.45	18.25
Made with plum tomatoes, fresh basil, roasted garlic, mozzarella cheese and Mama's secret combination of spices					
Meat Lovers	12.50	17.25	18.95	19.75	21.00
Pepperoni, sausage, bacon, meatball, ham and extra cheese					
Buffalo Chicken Pizza	14.95	16.95	18.95	22.95	22.95
Fried chicken breast, bleu cheese, hot sauce, mozzarella cheese and bleu cheese dressing					
Fugazza	n/a	14.95	16.95	n/a	n/a
Double layered pizza with mozzarella cheese, caramelized onions and tomato sauce					

Calzones

(Regular or Whole Wheat)

	Small	Medium	Large
Calzone	10.75	13.45	15.85
With ricotta, mozzarella and pepperoni			
Chicken Calzone	13.95	15.45	18.45
With breaded chicken, ricotta, mozzarella and romano cheese			
Stromboli	11.50	15.10	17.95
With cheese, pepperoni, sausage, mushrooms and ham			
Spinach Roll	11.50	14.00	16.50
With ricotta and mozzarella			
Meat Stromboli	11.50	15.10	16.50
With pepperoni, ham, meatball and mozzarella			

*All the above served with sauce on the side

Subs

Sausage	5.25	Meatballs with Green Peppers	5.95
Sausage Parmigiana	5.95	Veal Parmigiana	6.95
Sausage with Green Peppers	5.95	Chicken Parmigiana	6.25
Meatballs	5.25	Eggplant Parmigiana	5.95
Meatballs Parmigiana	5.95	Steak & Onion with Cheese	6.25
Steak Deluxe	6.95	Cheeseburger Sub	7.50
(with onions, mushrooms, green peppers and cheese)		(with fries)	
Italian Sub	6.75	Ham & Cheese Sub	6.75
Salami & Cheese Sub	6.75	Vita Favorite Sub	6.75
		marinated grilled portabella mushrooms, fresh mozzarella, roasted red peppers, Italian herbs with balsamic vinaigrette	

Side Orders

Spaghetti or Penne Pasta (choice of: tomato sauce, marinara sauce or garlic and oil)	6.95
Spaghetti or Penne Pasta (choice of: meatball, sausage, meat sauce or mushrooms)	7.95
Sauteed Spinach	4.95
Side of Meatballs	4.95
Sauteed Broccoli	4.95
Side of Sausage	4.95
Side of Fries	2.95
Our World Famous Garlic Rolls	1/2 doz. 2.25...1 doz. 3.95